

PACIFIC NORTHWEST

2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale or rent via our online store. These items are marked with an "x" in the appropriate column. Gear rentals will be sent with your leaders, and you'll receive them at your arrival location.

Links to our online resources:

[You can shop the Pacific Northwest Clothing + Equipment List on the Gear Store!](#)

[Complete the Pacific Northwest Rental Form on the Parent Dashboard!](#)

*To rent gear, click on the link above, log in, click the Forms tab, click "Forms for [Student Name]", and complete the "Domestic Gear Rental (Backpacking)" Form.

EQUIPMENT			
Gear	Quantity	Purchase	Description
Backpacks & Bags			
Duffel Bag	1		100-155 liters (<i>Recommendation: North Face Base Camp Duffel XL or Patagonia Black Hole Duffel 100 L</i>)
Day Pack	1	x	A daypack / school backpack (20 – 30 liters) is all that is needed (<i>Recommendation: Patagonia Refugio Pack 26 L</i>)
Backpack	1		Internal frame (70-80 liters) *** Option to rent this from Moondance
Backpack cover	1		100% waterproof backpack cover
Sleeping Gear			
Sleeping bag	1		Synthetic sleeping bag rated 15°- 25° Fahrenheit with a compression stuff sack
Ground Pad	1		Insulating ground pad (<i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i>)
NOTE: Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
Additional Equipment			
Water Bottles	2	x	Minimum 32oz water bottles (<i>Recommendation: Nalgene 1L wide mouth</i>)
Headlamp	1		With fresh batteries + 2 sets of spare batteries (<i>Recommendation: Black Diamond Spot or Black Diamond Storm</i>)
Sunglasses	1		With 100% UV protection (<i>Recommendations: Goodr</i>)
Sunglasses holders	1		(<i>Recommendations: Croakies or Chums</i>)
Cup with lid	1		Sturdy plastic or metal; thermal plastic mug is best (<i>Recommendation: 16oz Nalgene wide mouth</i>)
Bowl with lid	1		(<i>Recommendations: Tupperware or Nalgene</i>)
Plastic spoon	1		(<i>Recommendation: Light My Fire Spork</i>)
Nylon stuff sack	1		Extra nylon stuff sack (sleeping bag size) for food storage while backpacking

FOOTWEAR & CLOTHING

Gear	Quantity	Purchase	Description
Footwear			
Hiking Boots	1		Medium weight boots - Break them in before arrival!
River Shoes	1		These can be open-toed but do need to have a back strap (<i>Recommendation: Teva, Keen, or Chaco</i>)-no flip flops!
Old Tennis Shoes	1		A pair of comfortable, closed-toe shoes that you don't mind getting dirty
Socks	6 Pair		Non-cotton, lightweight hiking socks (<i>Recommendation: Smartwool or Darn Tough</i>)
Upper Body Layers			
Long Underwear/Base Layer Top	2		1 synthetic, medium-weight long sleeve top (<i>Recommendation: Patagonia Capilene Crew</i>), 1 hooded sunshirt (<i>Recommendation: North Face Wander Sun Hoodie</i>)
T-shirts	6	x	Minimum of 2 synthetic, non-cotton t shirts (<i>Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge</i>), other cotton shirts
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater, or a full-zip jacket (<i>Recommendations: Patagonia R1 fleece</i>)
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - No ponchos! (<i>Recommendations: Patagonia Torrentshell OR Marmot Precip</i>)
Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top (<i>Recommendation: Patagonia Synchilla or R2 Jacket</i>)
Insulating Jacket	1		Synthetic or down insulation, non-cotton. This can be a synthetic or down "puffy" jacket (<i>Recommendations: Patagonia Nano Puff or Down Sweater</i>), or an additional heavyweight fleece
Sports Bra	4		For girls
Lower Body Layers			
Long Underwear/Base Layer Bottom	1		Synthetic, non-cotton medium weight long underwear bottoms (<i>Recommendation: Patagonia Capilene Lightweight/Midweight bottoms</i>), one pair can be leggings for females
Quick-dry Shorts	3		Synthetic, non-cotton shorts (<i>Recommendation: Patagonia Baggies</i>)
Bathing Suit	1		Boys: your quick dry shorts can double as your bathing suit
Long Pants	2		Minimum 1 pair of synthetic, non-cotton hiking pants, but the other pair may be cotton
Underwear	7		Synthetic, non-cotton are best (but a couple cotton pairs are okay)
Rain Pants	1		100% Waterproof pants large enough to fit over regular pants
Fleece pants	1	x	Synthetic, non-cotton fleece pants or heavyweight long underwear bottoms (<i>Recommendation: Patagonia Synchilla Fleece Pants or Patagonia R1 Pants</i>)
Head & Hands			
Gloves	1		Wool or fleece, non-cotton medium weight gloves
Warm Hat	1		Wool or fleece, non-cotton beanie
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection

Mosquito Head Net	1	x	Not required, but HIGHLY recommended
PERSONAL ITEMS & MISCELLANEOUS GEAR			
Gear	Quantity	Purchase	Description
Toiletries			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant (<i>Recommendation: Patagonia Black Hole Cube 6L – M</i>)
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
Small First Aid Kit*	1		Contains: Insect repellent, waterproof sunscreen , Band-aids, Moleskin , Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 Pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
Miscellaneous			
Camp Chair	1	x	HIGHLY recommended (<i>Recommendation: Crazy Creek</i>)
Wallet	1		Personal wallet with \$200 spending money
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband!
Whistle	1		Small, pea-less plastic will do
Ground Tarp	1		Approximately 8' X 10'
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large is ideal (<i>Recommendation: Sea to Summit Drylite Towel</i>)
Carabiner	1		Non-plastic
OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Personal Protective Equipment: Mask	2	x	(3) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter. (<i>Recommendation: Moondance Buff</i>)
Sock Liners	1 - 2		Synthetic, non-cotton liners that help wick moisture
Digital Camera	1		With charger, extra battery, and 32-64 GB memory card (<i>Recommendation: Canon Powershot G9 X</i>)
Go Pro	1	x	With charger, extra battery, and 32-64 GB memory card (<i>Used GoPros available for sale on Moondance Gear Store</i>)
External charger	1		Portable charger / power bank to charge camera and GoPro
A good book	1		Paperback books are less bulky
Notebook with pen	1		For journaling
Backpacker's pillow	1		A luxury to have while camping or on travel days
ENO Hammock	1		A nice option for downtime at campsites!
*Since we don't allow cell phones during the course of our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer.			

PACKING TIPS

NOTE: In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- COVID-19 Vaccination Card
- Optional Personal Protective Equipment: Mask (2)
- ID, money

These items are already included in the packing list – they are not additional items!

LODGING / TRIP INFORMATION

SLEEPING ARRANGEMENTS: 4-person, single gender tents at frontcountry and backcountry campsites.

EATING ARRANGEMENTS: Please bring all personal eating utensils listed on the packing list. Moondance will provide all group cooking gear.

If you have any special dietary restrictions / considerations, please contact the Moondance office for further information.

Questions? Please reach out to: admissions@moondanceadventures.com