

NORTHERN LIGHTS

2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale or rent via our online store. These items are marked with an "x" in the appropriate column. Gear rentals will be sent with your leaders, and you'll receive them at your arrival location.

[You can shop the Northern Lights Clothing + Equipment List on the Gear Store!](#)

[Complete the Northern Lights Rental Form on the Parent Dashboard!](#)

***To rent gear, click on the link above, log in, click the Forms tab, click "Forms for [Student Name]", and complete the "Domestic Gear Rental (Backpacking)" Form.**

Keep in mind that June and July are still pretty chilly in Alaska! Warm layers are very important, as evening temperatures can dip down in the low 30s.

EQUIPMENT

Gear	Quantity	Purchase	Description
Backpacks & Bags			
Duffel Bag	1		100 – 155 liters (<i>Recommendations: North Face Base Camp Duffel XL or Patagonia Black Hole Duffel 100 L</i>)
Backpack*	1	x	Internal frame, 70 – 90 liters ; *** Option to rent this from Moondance
Backpack Cover (waterproof)	1		Used to cover provided backpack
Mesh Stuff Sack	1	X	For dirty/wet clothes
Day Pack	1	x	20 – 30-liter daypack /school backpack is fine (<i>Recommendation: Patagonia Chacabuco Pack 26 L</i>)
Sleeping Gear			
Sleeping Bag	1		Synthetic sleeping bag rated 0° – 20° Fahrenheit with a compression stuff sack; MUST be synthetic
Ground Pad	1		Insulating ground pad (<i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i>)
NOTE: Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
Additional Equipment			
Water Bottles	2	x	Minimum 32oz water bottles (<i>Recommendation: Nalgene 1L wide mouth</i>)
Cup with Lid	1		Sturdy plastic or metal; thermal plastic mug is best (<i>Recommendation: 16oz Nalgene wide mouth</i>)
Bowl with Lid	1		Large enough to hold a meal (<i>Recommendations: Tupperware or Nalgene</i>)
Plastic Spoon	1		(<i>Recommendation: Light My Fire Spork</i>)
Sunglasses	1		With 100% UV protection (<i>Recommendations: Goodr</i>)
Sunglasses Holders	1		(<i>Recommendations: Croakies or Chums</i>)
Nylon Stuff Sack	1		Synthetic; sleeping bag size - for food storage during backpacking
Camp Chair	1	x	(<i>Recommendation: Crazy Creek</i>)

FOOTWEAR & CLOTHING

Gear	Quantity	Purchase	Description
Footwear			
Hiking Boots	1		Heavy weight boots with ankle support - break them in before arrival! <i>(Recommendation: Vasque)</i>
Camp Shoes	1		Crocs without holes are strongly recommended <i>(Recommendation: Crocs Specialist II Clog)</i>
Tennis Shoes	1		One pair of old tennis shoes
Socks	8 Pair		Non-cotton, lightweight hiking socks <i>(Recommendation: Smartwool or Darn Tough)</i>
Gaiters	1 Pair		Knee length - must have strap to fit under hiking boots; no zippered gaiters, Goretex and Velcro only! <i>(Recommendation: Outdoor Research Crocodile Gaiters- Men's)</i>
Upper Body Layers			
Long Underwear / Base Layer Top	3		Synthetic, non-cotton, medium-weight long sleeve top <i>(Recommendation: Patagonia Capilene Crew)</i> , 1 hooded sunshirt <i>(Recommendation: North Face Wander Sun Hoodie)</i> , other can be cotton
T-Shirts	6	x	Minimum of 2 synthetic, non-cotton t-shirts <i>(Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge)</i> , other shirts may be cotton
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater, or a full-zip jacket <i>(Recommendation: Patagonia R1 fleece)</i>
Fleece Jacket	1		Heavy-pile fleece pullover or full zip jacket is good <i>(Recommendation: Patagonia Synchilla or R2 Jacket)</i>
Insulating Jacket	1		Synthetic or down insulation, non-cotton. This can be a synthetic or down "puffy" jacket <i>(Recommendations: Patagonia Nano Puff or Down Sweater)</i> , or an additional heavyweight fleece
Rain Jacket w/ hood	1		Must be Goretex, 100 % waterproof - not water resistant - NO PONCHOS <i>(Recommendations: Patagonia Torrentshell or Marmot Precip)</i>
Sports Bra	3		For girls
Lower Body Layers			
Long Underwear / Base Layer Bottom	2		Synthetic, non-cotton medium weight long underwear bottoms <i>(Recommendation: Patagonia Capilene Lightweight/Midweight Bottoms)</i> , one pair can be leggings for girls
Rain Pants	1		Goretex, 100% Waterproof pants large enough to fit over regular pants
Fleece Pants	1	x	One pair heavy fleece pants <i>(Recommendation: Patagonia Synchilla Fleece Pants or Patagonia R1 Pants)</i>
Hiking Pants	1		One pair synthetic, non-cotton hiking pants <i>(Recommendation: Patagonia Quandary Pant)</i>
Underwear	6		Synthetic, non-cotton are best (but a couple pairs of cotton are okay)
Long Pants	1		1 pair of jeans or khakis, or extra pair of leggings
Shorts	2		Two pair nylon, quick dry shorts <i>(Recommendation: Patagonia Baggies)</i>
Head & Hands			
Gloves	1		One pair of waterproof , medium-weight fleece gloves
Paddle Gloves	1		A pair of paddle gloves for sun and palm protection during the sea kayaking section

Warm Hat	1		Wool or fleece, non-cotton beanie (This is very important.)
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
Bandana/Buff	2		Bring one of each for additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband!
Mosquito Head Net	1	x	
PERSONAL ITEMS & MISCELLANEOUS GEAR			
Gear	Quantity	Purchase	Description
Toiletries			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant (<i>Recommendation: Patagonia Black Hole Cube 6L – M</i>)
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
Small First Aid Kit*	1		Contains: Insect repellent, waterproof sunscreen , Band-aids, Moleskin , Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 Pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
Miscellaneous			
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large is ideal (<i>Recommendation: Sea to Summit Drylite Towel</i>)
Carabiner	2		Two (2) non-plastic carabiners
Whistle	1		Small, pea less plastic will do
Wallet	1		Personal wallet with \$200 spending money and valid identification
OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Hydration System	1		(i.e. Camel Bak®)
Wide Brimmed Hat	1		For sun protection
Sock Liners	1-2		Synthetic, non-cotton liners that help wick moisture
Backpacker's Pillow	1		Small, a luxury in the backcountry
Digital Camera	1		With charger, extra battery, and 32-64 GB memory card (<i>Recommendation: Canon Powershot G9 X</i>)
GoPro	1	x	With charger, extra battery, and 32-64 GB memory card (<i>Used GoPro</i>)
External charger	1		Portable charger / power bank to charge camera and GoPro
Notebook with pen	1		For journaling
A Good Book	1		Paperback books are less bulky
Personal Protective Equipment: Mask	2	x	(2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter. (<i>Recommendation: Moondance Buff</i>)

*Since we don't allow cell phones during the course of our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer.

PACKING TIPS

NOTE: In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- COVID-19 Vaccination Card
- Optional Personal Protective Equipment: Mask (2)
- ID, money

These items are already included in the packing list – they are not additional items!

LODGING / TRIP INFORMATION

SLEEPING ARRANGEMENTS: 4-person, single gender tents at frontcountry and backcountry campsites.

EATING ARRANGEMENTS: Please bring all personal eating utensils listed on the packing list. Moondance will provide all group cooking gear.

If you have any special dietary restrictions / considerations, please contact the Moondance office for further information.

Questions? Please reach out to: admissions@moondanceadventures.com