

MADEIRA

2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale via our online store. These items are marked with an "x" in the appropriate column.

[You can shop on the Gear Store!](#)

EQUIPMENT			
Gear	Quantity	Purchase	Description
Backpacks & Bags			
Duffel Bag	1		45-60 liters; MUST be small enough to carry on the plane (<i>Recommendation for Duffel Bag: shoulder straps, North Face Base Camp S duffel or Patagonia Black Hole Duffel 55 L</i>)
Waterproof Backpack Cover	1		Covers your backpack
Daypack	1	x	28-35 liter comfortable daypack; school backpack size works fine, one with a waist strap is highly recommended (<i>Recommendation: Patagonia Refugio 28L</i>)
Lightweight Daypack	1	x	15-25 liter lightweight, collapsible daypack to carry your rain jacket, water bottle & snacks; please pack this empty (<i>Recommendation: Sea to Summit Ultra-Sil Day Pack</i>)
Please keep all necessary trekking gear in your carry on, including hiking boots, headlamp, warm gloves/hat, hiking socks, rain jacket, water bottles, and layers as airlines have been extremely inconsistent with lost baggage over the past year.			
Sleeping Gear			
Sleeping bag liner or Hostel sheet	1	x	Silk, cotton, or synthetic (<i>Recommendation: Sea to Summit Expander Travel Liner</i>)
Additional Equipment			
Water Bottles	2	x	Minimum 32oz water bottles (<i>Recommendation: Nalgene 1L wide mouth</i>)
Headlamp	1		With fresh batteries + 2 sets of spare batteries (<i>Recommendation: Black Diamond Spot or Black Diamond Storm</i>)
Plastic container w/ lid	1		Plastic food storage container with sealable lid ; Must fit a large sandwich
Plastic spoon	1		(<i>Recommendation: Light My Fire spork</i>)
Sunglasses	1		With 100% UV protection (<i>Recommendation: Goodr</i>)
Sunglasses holders	1		(<i>Recommendation: Croakies or Chums</i>)
FOOTWEAR & CLOTHING			
Gear	Quantity	Purchase	Description
Footwear			
Hiking Boots	1		Light-weight boot or trail shoe
Tennis Shoes	1		A pair of comfortable, closed-toe shoes that you don't mind getting dirty
River Shoes	1		These can be open-toed but do need to have a back strap - no flip flops! (<i>Recommendation: Chaco, Teva, Keen</i>)
Socks	5 Pair		Non-cotton, lightweight hiking socks (<i>Recommendation: Smartwool or Darn Tough</i>)

Upper Body Layers			
Long Underwear Top	2	x	Medium-weight long sleeve (polypropylene or Capilene, NOT cotton) (<i>Recommendation: Patagonia Capilene Crew</i>)
T-shirts	5	x	Minimum of 2 short sleeve Capilene or synthetic fabric t-shirt (<i>Recommendation: Patagonia Capilene T-Shirt</i>), others may be cotton
Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top (<i>Recommendation: Patagonia Synchilla or R2 Jacket</i>)
Sweatshirt	1	x	Comfortable, warm sweatshirt to have as an additional layer; This would be great to wear on your travel days – but completely up to you!
Packable Insulated Jacket	1		Lightweight, packable insulated jacket (<i>Recommendation: Stio Alpinar Hooded Jacket or Patagonia Micro Puff Jacket</i>)
Rain Jacket with hood	1	x	Must be waterproof, not water resistant. NO PONCHOS (<i>Recommendation: Patagonia Torrentshell or Marmot Precip</i>)
Sports bra	3		For girls
Lower Body Layers			
Long Underwear Bottom	1		Medium-weight (polypropylene or Capilene, NOT cotton) (<i>Recommendation: Patagonia Capilene Lightweight/Midweight Bottoms</i>)
Long Pants	2 pair	x	Minimum 1 pair of synthetic, non-cotton hiking pants, but the other pair may be cotton/joggers
Fleece Pants or Sweatpants	1		Synthetic, non-cotton fleece pants or heavyweight long underwear bottoms (<i>Recommendation: Patagonia Synchilla Fleece Pants or Patagonia R1 Pants</i>)
Rain Pants	1		100% Waterproof pants large enough to fit over regular pants
Quick-Dry Shorts	3		Synthetic, non-cotton shorts (<i>Recommendation: Patagonia Baggies</i>)
Underwear	5 - 6		Synthetic, non-cotton are best (but a couple cotton pairs are okay)
Bathing Suit	2		Boys: your quick-dry shorts can double as your bathing suit
Head & Hands			
Gloves	1		Wool or fleece
Warm Hat	1	x	Wool or fleece, non-cotton beanie
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
PERSONAL ITEMS / MISCELLANEOUS			
Gear	Quantity	Purchase	Description
Toiletries			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant (<i>Recommendation: Patagonia Black Hole Cube 6L – M</i>)
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
First Aid Kit*	1		Contains: Waterproof sunscreen , Band-aids, Moleskin, Chapstick w/ SPF, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts.
*Please keep in mind that you will be carrying all toiletries with you on the plane, so make sure they are travel-sized (3.4oz or less)!			

Miscellaneous			
Wallet	1		Personal wallet with \$250 spending money and valid identification; If using cash, bring EUR instead of USD
Passport + copies	1 + 2 copies		Passport (valid for 6 months after the last day of your trip) + 2 additional photocopies of your passport
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband! (<i>Recommendation: Moondance Buff</i>)
Nylon Stuff Sack	1		One extra (Sleeping bag size)
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large is ideal (<i>Recommendation: Sea to Summit Drylite Towel</i>)
Trash bag	1		Heavy duty plastic garbage bags
OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Small Notebook w/ pen	1		For journaling
Camera*	1		With charger & international adapter or batteries, and a memory card (<i>Recommendation: Canon PowerShot G9X</i>)
Go Pro	1	x	With charger and 32-64 GB memory card
External Charger	1		Portable charger / power bank to charge camera and GoPro
Hydration System	1		(i.e., Camel Bak)
Carabiner	1		One (1) non-plastic
A Good Book	1		Paperback books are less bulky
Backpackers Pillow	1		A luxury to have while on the trip
Camp Chair	1	x	HIGHLY recommended (<i>Recommendation: Crazy Creek</i>)
Personal Protective Equipment: Mask	2		Two (2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter.

***To avoid the risk of lost luggage, we ask you to carry your duffel + backpack onto the airplane. The duffel/backpack sizes listed above (38 - 45 liters) meet the carry-on regulations for the airline. Again, please do not check your backpack on travel days. Thank you!**

PACKING TIPS

NOTE: Since your backpack will be your carryon, we want you to be prepared/ comfortable on travel days. Therefore, wear your hiking boots on the plane to save space in your backpack. Plus, make sure the following remains in a safe place during travel days:

- Prescription medications & toothbrush
- Wallet: Passport, ID, money
- Covid-19 Vaccination Card
- Personal Protective Equipment: Mask (2)
- Completed International Travel Authorization form (if under 18)
- Raincoat

LODGING / TRIP INFORMATION

SLEEPING ARRANGEMENTS: During your trip you will stay in a variety of accommodations!

EATING ARRANGEMENTS: Please bring all personal eating utensils/gear listed on the packing list. Moondance and the accommodations will provide all group cooking gear.

If you have any special dietary restrictions/ considerations, please contact the Moondance office for further information.

Questions? Please reach out to: admissions@moondanceadventures.com