

# COLORADO TRAIL

## 2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale or rent via our online store. These items are marked with an "x" in the appropriate column. Gear rentals will be sent with your leaders, and you'll receive them at your arrival location.

Links to our online resources:

[You can shop the Colorado Trail Clothing + Equipment List on the Gear Store!](#)

Keep in mind that Colorado can still be chilly in June and July! Warm layers are very important, as evening temperatures can dip down in the low 40s.			
EQUIPMENT			
Gear	Quantity	Purchase	Description
<b>Backpacks &amp; Bags</b>			
Duffel Bag	1		70 Liters ( <i>Recommendation: Patagonia Black Hole Duffel 70 L</i> )
Day Pack	1	x	20 – 30 liter day pack /school backpack to carry your rain jacket, water bottle and snacks ( <i>Recommendation: Patagonia Refugio Pack 26 L</i> )
<b>NOTE:</b> Moondance Adventures will provide you with a 65 Liter backpack and a waterproof backpack cover for the backpacking section of your trip.			
<b>Sleeping Gear</b>			
Sleeping Bag	1		Synthetic sleeping bag rated 20° – 30° Fahrenheit with a compression stuff sack
Ground Pad	1		Insulating ground pad ( <i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i> )
<b>NOTE:</b> Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
<b>Additional Equipment</b>			
Water Bottles	2	x	Minimum 32oz water bottles ( <i>Recommendation: Nalgene 1L wide mouth</i> )
Cup with lid	1		Sturdy plastic or metal; thermal plastic mug is best ( <i>Recommendation: 16oz Nalgene wide mouth</i> )
Bowl with lid	1		( <i>Recommendations: Tupperware or Nalgene</i> )
Plastic spoon	1		( <i>Recommendation: Light My Fire spork</i> ); good idea to bring an extra
Headlamp	1		With fresh batteries + 2 sets of spare batteries ( <i>Recommendation: Black Diamond Spot or Black Diamond Storm</i> )
Mesh stuff sack	1		Sleeping bag size for food storage while backpacking
Sunglasses	1		With 100% UV protection ( <i>Recommendations: Goodr</i> )
Sunglasses holders	1		( <i>Recommendations: Croakies or Chums</i> )

**FOOTWEAR & CLOTHING**

<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
<b>Footwear</b>			
Hiking Boots/Trail Shoes	1		Medium-weight boots - Break them in before arrival!
Tennis Shoes	1		Old tennis shoes that you don't mind getting dirty work best
River Shoes	1		These can be open-toed but do need to have a back strap ( <i>Recommendation: Teva, Keen, or Chaco</i> )
Socks	5 pair		Non-cotton, lightweight hiking socks ( <i>Recommendation: Smartwool or Darn Tough</i> )
<b>Upper Body Layers</b>			
Long Underwear/Base Layer Top	1		1 synthetic, medium-weight long sleeve top ( <i>Recommendation: Patagonia Capilene Crew</i> ), 1 hooded sunshirt ( <i>Recommendation: North Face Wander Sun Hoodie</i> )
T-shirts	4	x	Minimum of 2 synthetic, non-cotton t shirts ( <i>Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge</i> ), others may be cotton
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater, or a full-zip jacket ( <i>Recommendations: Patagonia R1 fleece</i> )
Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top ( <i>Recommendation: Patagonia Synchronilla or R2 Jacket</i> )
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - No ponchos! ( <i>Recommendations: Patagonia Torrentshell or Marmot Precip</i> )
Sports Bra	3		For girls
<b>Lower Body Layers</b>			
Long Underwear/Base Layer Bottom	1		Synthetic, non-cotton medium weight long underwear bottoms ( <i>Recommendation: Patagonia Capilene Lightweight/Midweight bottoms</i> )
Quick-dry Shorts	3		Synthetic, non-cotton shorts ( <i>Recommendation: Patagonia Baggies</i> )
Bathing Suit	1		Males: your quick dry shorts can double as your bathing suit
Underwear	6		Synthetic, non-cotton are best (but a couple cotton pairs are permitted)
Waterproof rain pants	1		100% Waterproof pants large enough to fit over regular pants
Fleece pants	1	x	Synthetic, non-cotton fleece pants or heavyweight long underwear bottoms ( <i>Recommendation: Patagonia Synchronilla Fleece Pants or Patagonia R1 Pants</i> )
Long Pants	1		A pair of cotton pants are fine
<b>Head &amp; Hands</b>			
Gloves	1		Wool or fleece, non-cotton medium weight gloves
Warm Hat	1		Wool or fleece, non-cotton beanie
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
Mosquito Head Net	1	x	

**PERSONAL ITEMS / MISCELLANEOUS**

<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
<b>Toiletries</b>			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant ( <i>Patagonia Black Hole Cube 6L – M</i> )
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
First Aid Kit*	1		Contains: Insect repellent, <b>waterproof sunscreen</b> , Band-aids, <b>Moleskin</b> , Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts

\*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication

<b>Miscellaneous</b>			
Camp Chair	1	x	HIGHLY recommended ( <i>Recommendation: Crazy Creek</i> )
Wallet	1		Personal wallet with \$150 spending money
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband!
Whistle	1		Small, pea-less plastic will do
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large works best ( <i>Recommendation: Sea to Summit Drylite Towel</i> )

**OPTIONAL GEAR**

<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
Digital Camera*	1		With charger, extra battery, and 32-64 GB memory card ( <i>Recommendation: Canon Powershot G9 X</i> )
GoPro	1	x	With charger, extra battery, and 32-64 GB memory card ( <i>Used GoPros available for purchase on Moondance Gear Store</i> )
External charger	1		Portable charger / power bank to charge camera and GoPro
Backpacker's pillow	1		A luxury to have while camping or on travel days
A good book	1		Paperback books are less bulky
Notebook with pen	1		For journaling
Personal Protective Equipment: Mask	2	x	(2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter.

\*Since we don't allow cell phones during our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer.

## PACKING TIPS

**NOTE:** In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- COVID-19 Vaccination Card
- Optional Personal Protective Equipment: Mask (2)
- ID, money

**These items are already included in the packing list – they are not additional items!**

## LODGING / TRIP INFORMATION

**SLEEPING ARRANGEMENTS:** 4-person, single gender tents at frontcountry and backcountry campsites.

**EATING ARRANGEMENTS:** Please bring all personal eating utensils listed on the packing list. Moondance will provide all group cooking gear.

If you have any special dietary restrictions / considerations, please contact the Moondance office for further information.

Questions? Please reach out to: [admissions@moondanceadventures.com](mailto:admissions@moondanceadventures.com)