

# CANYONLANDS

## 2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale via our Gear Store. Some items are available for rent from Moondance on the Parent Dashboard under Forms. These items are marked with an "x" in the appropriate column. Gear rentals will be sent with your leaders and will be there upon arrival to your trip.

[You can shop the Colorado River Clothing + Equipment List on the Gear Store!](#)

EQUIPMENT			
Gear	Quantity	Purchase	Description
<b>Backpacks &amp; Bags</b>			
Duffel Bag	1		70 liters ( <i>Recommendation: Patagonia Black Hole Duffel 70 L</i> )
Day Pack	1	x	A daypack / school backpack (20 – 30 liters) is all that is needed ( <i>Recommendation: Patagonia Refugio Pack 26 L</i> )
<b>Sleeping Gear</b>			
Sleeping bag	1		Synthetic sleeping bag rated 30° - 45° Fahrenheit with a compression stuff sack
Sleeping Bag Liner	1		Silk, cotton, or synthetic. ( <i>Recommendation: Sea to Summit Expander Travel Liner</i> )
Ground Pad	1		Insulating ground pad ( <i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i> )
<b>NOTE:</b> Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
<b>Additional Equipment</b>			
Water Bottles	2	x	Minimum 32oz water bottles ( <i>Recommendation: Nalgene 1L wide mouth</i> ). One (1) Insulated bottle – <b>HIGHLY</b> recommended (Insulated bottles help keep water cold in the heat)
Headlamp	1		With fresh batteries + 2 sets of spare batteries ( <i>Recommendation: Black Diamond Spot or Black Diamond Storm</i> )
Sunglasses	1		With 100% UV protection ( <i>Recommendations: Goodr</i> )
Sunglasses holders	1		( <i>Recommendations: Crookies or Chums</i> )
Cup with lid	1		Sturdy plastic or metal; thermal plastic mug is best ( <i>Recommendation: 16oz Nalgene wide mouth</i> )
Bowl with lid	1		( <i>Recommendations: Tupperware or Nalgene</i> )
Camping Spork	1		( <i>Recommendation: Light My Fire spork</i> )
Nylon stuff sack (1)	1		Sleeping bag size for dirty clothes during the trip

FOOTWEAR & CLOTHING			
Gear	Quantity	Purchase	Description
<b>Footwear</b>			
Hiking Boots/Trail Shoes	1		Medium weight boots - <b>Break them in before arrival to avoid blisters!!</b>
River Shoes	1		These can be open-toed but do need to have a back strap ( <i>Recommendation: Chaco, Teva, or Keen</i> )

Old Tennis Shoes	1		A pair of comfortable, closed-toe shoes that you don't mind getting dirty
Socks	5 pair		Non-cotton, lightweight hiking socks
<b>Upper Body Layers</b>			
Long Underwear/Base Layer Top	1		One (1) synthetic, medium-weight long sleeve top ( <i>Recommendation: Patagonia Capilene Crew</i> )
T-shirts	4	x	Minimum of three (3) synthetic, non-cotton t shirts ( <i>Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge</i> ); Other shirts may be cotton
Insulating Jacket	1		Synthetic or down insulation, non-cotton. This can be a synthetic or down "puffy" jacket ( <i>Recommendation: Patagonia Nano Puff</i> )
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - No ponchos! ( <i>Recommendations: Patagonia Torrentshell or Marmot Precip</i> )
Sports Bra	4		For girls
<b>Lower Body Layers</b>			
Long Underwear/Base Layer Bottom	1		Synthetic, non-cotton medium weight long underwear bottoms ( <i>Recommendation: Patagonia Capilene Lightweight/Midweight bottoms</i> )
Quick-dry Shorts	4		Synthetic, non-cotton shorts ( <i>Recommendation: Patagonia Baggies</i> ); We recommend 2 pairs of Baggies and 3 pairs of normal quick-dry shorts
Bathing Suits	2		Boys: your quick dry shorts can double as your bathing suit
Long Pants	1-2		Minimum 1 pair of synthetic, non-cotton hiking pants, but the other pair may be cotton
Underwear	6		Synthetic, non-cotton are best (but a couple cotton pairs are permitted)
Comfortable Lounge Pants	1	x	Synthetic, or cotton fleece pants/sweatpants ( <i>Recommendation: Patagonia Synchilla Fleece Pants, Patagonia R1 pants</i> )
<b>Head &amp; Hands</b>			
Baseball Hat	1	x	A baseball hat or wide-brimmed hat for sun protection
Mosquito head net	1	x	<b>REQUIRED!</b>

**PERSONAL ITEMS / MISCELLANEOUS**

<b>Gear</b>	<b>Quantity</b>	<b>Purchase</b>	<b>Description</b>
<b>Toiletries</b>			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant ( <i>Recommendation: Patagonia Black Hole Cube 6L- M</i> )
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
Small First Aid Kit*	1		Contains: Insect repellent, <b>waterproof sunscreen</b> , Band-aids, <b>Moleskin</b> , Chapstick w/ sun prevention, Wet Ones wipes, Dramamine (if prone to motion sickness), personal hand sanitizer
Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
<b>Miscellaneous</b>			
Camp Chair	1	x	HIGHLY recommended ( <i>Recommendation: Crazy Creek</i> )

Wallet	1		Personal wallet with \$150 spending money
Bandana / Buff	2	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband!
Whistle	1		Small, pea-less plastic will do
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large works best ( <i>Recommendation: Sea to Summit Drylite Towel</i> )
Carabiner	3		Non-plastic
OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Digital Camera*	1		With charger, extra battery, and 32-64 GB memory card ( <i>Recommendation: Canon Powershot G9 X</i> )
GoPro	1	x	With charger, extra battery, and 32-64 GB memory card ( <i>Used GoPros available for sale on Moondance Gear Store</i> )
External charger	1		Portable charger / power bank to charge camera and GoPro
A good book	1		Paperback books are less bulky
Notebook with pen	1		For journaling
Backpackers pillow	1		HIGHLY recommend; a luxury to have while camping or on travel days
Personal Protective Equipment: Mask	2	x	(2) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter. ( <i>Recommendation: Moondance Buff</i> )
*Since we don't allow cell phones during our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer			

### PACKING TIPS

**NOTE:** In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- COVID-19 Vaccination Card
- Optional Personal Protective Equipment: Mask (2)
- ID, money

**These items are already included in the packing list – they are not additional items!**

### LODGING / TRIP INFORMATION

**SLEEPING ARRANGEMENTS:** 3-person, single gender tents at frontcountry and backcountry campsites.

**EATING ARRANGEMENTS:** Please bring all personal eating utensils listed on the packing list. Moondance will provide all group cooking gear.

If you have any special dietary restrictions / considerations, please contact the Moondance office for further information.

Questions? Please reach out to: [admissions@moondanceadventures.com](mailto:admissions@moondanceadventures.com)