

TRIP OVERVIEW

From summit to surf, the golden state shines in this Yosemite adventure. This trip combines the most iconic playgrounds of California for those who are looking for a true wilderness adventure. Explore trails less traveled in the granite moonscapes of the eastern Sierra mountain range. Learn to rock climb in the world famous Yosemite Valley. Summit bid the towering 14,179' Mt. Shasta, and paddle both the waves of the Pacific, and white water of the American River. Fewer places on earth have such a high concentration of wilderness areas that offer such variety, and quality, and this trip takes advantage of California's most beloved wild places. This trip offers unparalleled opportunities for those looking to take their wilderness adventure skills to the next level.



EXPERIENCE HIGHLIGHTS

Backpack the granite peaks of the Eastern Sierras
Learn to rock climb in the world famous Yosemite National Park
Summit bid of Mt. Shasta on a multi-day mountaineering expedition
Surf the Pacific swells in Pacifica
Whitewater raft the American River

DAY 1

Fly into San Francisco and meet your group. After you've all landed you'll begin traveling to the golden coast to prepare for your first day of surfing.

DAY 2

Head to Pacifica State Beach and spend the day learning to read and ride the Pacific swells on a surfboard. Cruising the breakers of this idyllic shoreline, you'll partake in one of California's most classic pastimes, earning you the perfect entrance to your time in the golden state.

DAY 3-4

Travel inland to one of California's most famed treasures, Yosemite National Park. You'll spend the next two days learning to rock climb in the towering granite halls of Yosemite Valley. Professional climbing guides will teach you belay safety techniques, rope maintenance and route finding in the birthplace of the sport. Yosemite is about as iconic as you can get for rock climbing, and descending into the valley floor with views of Half Dome and El Capitan, you'll see why. Spend these days honing your skills on routes of varying difficulty, and get a true taste for this thrilling adventure sport.









DAY 5-10

After orienting yourself vertically to the valley walls, you'll begin your backpacking expedition deep into the eastern Sierra side of Yosemite. Although the park concentrates most of its visitors in the valley area, you'll get to see the more remote and rugged road less traveled as you spend five days away from civilization trekking the high trail system. Learn to live comfortably in this stunning wilderness, featuring granite domes, towering peaks, alpine lakes and incredible vistas, all while sleeping beneath the California stars.

DAY 11-15

Travel to Mt. Shasta where you will begin preparing for the most challenging adventure of your trip, a summit bid of Mt. Shasta. Mt. Shasta is a 14,179' volcano, and it will take two days of careful approaching to summit. After snow school, you'll spend a day hiking up to a base camp where you'll acclimatize to altitude and get a few hours of sleep. As the sun comes up, you and your team will hike through snow and ice in rope teams to the summit, and savor the 360 degree view of the surrounding wilderness. You'll glissade and carefully hike back down the massive volcano, for a well deserved rest.

DAY 16-18

Travel south and prepare for your two-day white water expedition. The Middle Fork of the American River will be your home for the next two days as you and your team learn proper navigation of white water. Paddle the thrilling class III and class IV rapids by day, and spend the night on a sandy river bank camping with your group. This classic California waterway is fast, stunning, and full of sunny swimming hole opportunities. On your last day of river rafting you'll begin your journey back to the coast.

DAY 19

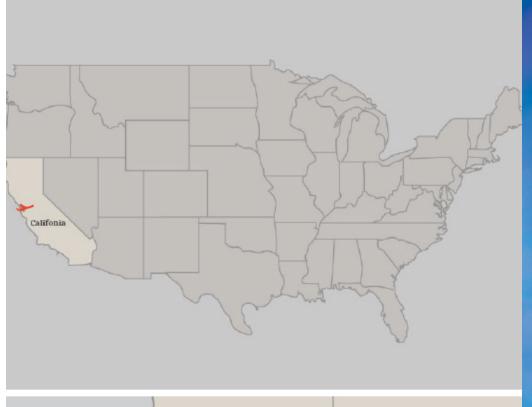
From river to sea, you'll arrive at the wild and beautiful Point Reyes National Seashore. This protected paradise offers incredible views of the bay area from rugged and idyllic coastline. Hike the cliffs and trails of wild coastal ecosystems, and explore tide-pools full of starfish, neon green anemones, forests of kelp. Watch the most western sunset available, and surf into the stunning California sunset.

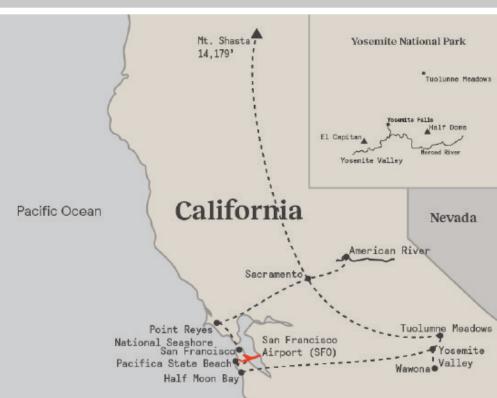
DAY 20-21

From the magical Point Reyes, you'll You'll travel across the Golden Gate Bridge to spend your last California moments together with one final surf in Pacifica. Get back in the water and ride the tides one last time. Celebrate with your team at a final banquet remembering all the adventures you've had in the golden state. On the last day, grab your last gazes of the mighty Pacific as you fly out of San Francisco.





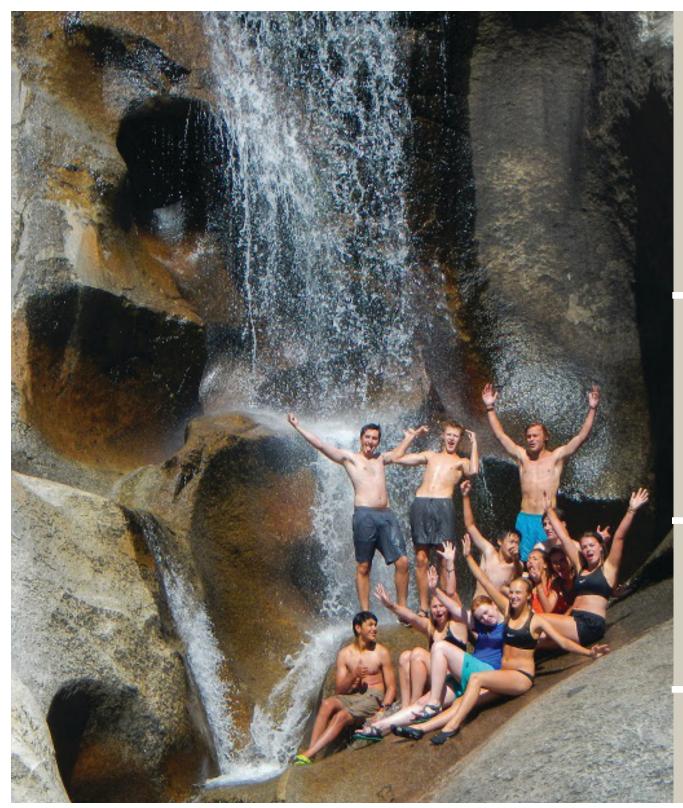




"This trip might just be the highlight of my whole year. We went to the most beautiful places and made the most beautiful bonds. I felt like I could share so much with these people. Because there was such a close and positive environment I really broke out of my shell"

» ANNIE THOMAS, WINSTON-SALEM, NC





TRIP DETAILS

LENGTH 21 Days

GRADE FOR CURRENT SCHOOL YEAR

10th-12th

BEGINS/ENDS

San Francisco, CA (SFO)

Suggested flight window provided upon acceptance

GROUP SIZE

13 Students

AVERAGE AIRFARE FROM EAST COAST

\$550

WHAT'S INCLUDED

- Two dynamic trip leaders
- · Professionally outfitted activities
 - Mountaineering
 - Rock climbing
 - · White water rafting

 - Surfing
- Accommodations
 - 3 + 4 person tents
- New 15 passenger transit van
- All meals
- Photos taken during your trip

WHAT'S NOT INCLUDED

- · Airfare to and from San Francisco, California (SFO)
- · Baggage fees
- Personal clothing + equipment
 - Full clothing + equipment list provided upon acceptance
- Personal spending money (\$250 recommended)
- Trip Insurance (Highly recommended)

CONTACT

ADMISSIONS

admissions@moondanceadventures.com

