

BELIZE + COSTA RICA



*FROM THE FAMOUS BARRIER REEFS OF
BELIZE, TO THE DEEP JUNGLE RIVERS
OF COSTA RICA, IMMERSE YOURSELF IN
A WILDERNESS EXPERIENCE ABOVE AND
BELOW THE WAVES.*





TRIP OVERVIEW

The most stunning waterways of Central America are featured in this tropical expedition. From the deep diverse jungles of Costa Rica to the famous barrier reefs of Belize, explore wildernesses above and below the turquoise waters of the Caribbean. You'll get SCUBA certified in one of the most stunning underwater worlds on the planet. You'll raft the deep jungle canyons of the Pacuare river, and you'll earn service hours working in the Costa Rican countryside. This trip offers an immersive experience in the wilder and more wondrous sides of paradise.



EXPERIENCE HIGHLIGHTS

Get PADI Open Water Diver certified and gain access to the underwater worlds of Belize
Whitewater raft the deep jungle canyons of the Pacuare
Immerse yourself in Costa Rican culture as you earn service hours working at the El Brujo community
Learn to surf on Uvita Beach in Costa Rica

DAY 1

Fly to the Caribbean and meet your group in Belize City, Belize. Then hop on a boat with your new team and ride the turquoise waters to the island of Long Caye or Placencia, which will be your tropical home for the next week.

DAY 2-5

Spend the next four days immersed in the world of underwater exploration. Living on the island of Long Caye or Placencia, you'll learn to navigate the gear and techniques to master the art of Scuba diving. Once you have been trained to safely and confidently dive, you'll get to explore the weightless underwater wonderlands of Belize's barrier reefs. Your SCUBA certification will grant you an all access pass to dive anywhere in the world, but your first dives with your group off your island home will be unforgettable. Before you depart from Belize, enjoy a catch and cook island-hopping fishing and sailing adventure, finishing the day with a sunset beach BBQ.

DAY 6

Travel from your island paradise in Belize, to the jungles and rainforests of Costa Rica. Landing in San Jose, you'll make your way as seasoned Caribbean dwellers to prepare for your next adventure! Zip lines, waves, and an immersive community service experience awaits!

**Itinerary and order of activities subject to variation.*





DAY 7-8

Travel to the spectacular surf town of Uvita Beach where the jungle meets the beach. Upon arrival, gear up with your guides for an aerial tour of the Costa Rican canopy in a ziplining tour. Later this afternoon, master the art of surfing with professional guides as they show you how to paddle into and read waves. Soon you'll be independently catching the swell and riding the waves of this famed coastline.

DAY 9-10

Spend the next two days deep in the mountains of Costa Rica working among a local community. Get to know the warm and welcoming locals as you immerse yourself in the culture of the Costa Rican countryside. Mornings will be spent working with the community, and afternoons will have time for exploring the natural wonders of the area, and playing soccer with kids. Even try your hand at a local chocolate making class!

DAY 11

There is nothing more picturesque than bathing in the cool waters beneath a rushing waterfall. The varied landscapes of Costa Rica offer many hidden falls and this morning, you will set off on an adventure to discover some of the best. After cooling off in your hidden swimming holes, set off for Turrialba for your next adventure!

DAY 12-13

You'll spend the next two days navigating the rapids of the stunning Pacaure River. Carving through the lush jungle with deep canyons, tropical waterfalls and bright turquoise water, The Pacuare is one of the most scenic rivers in the world. Spend the night on the banks of the river in an eco lodge nestled deep in the jungle and soak up every moment of this river expedition with your group.

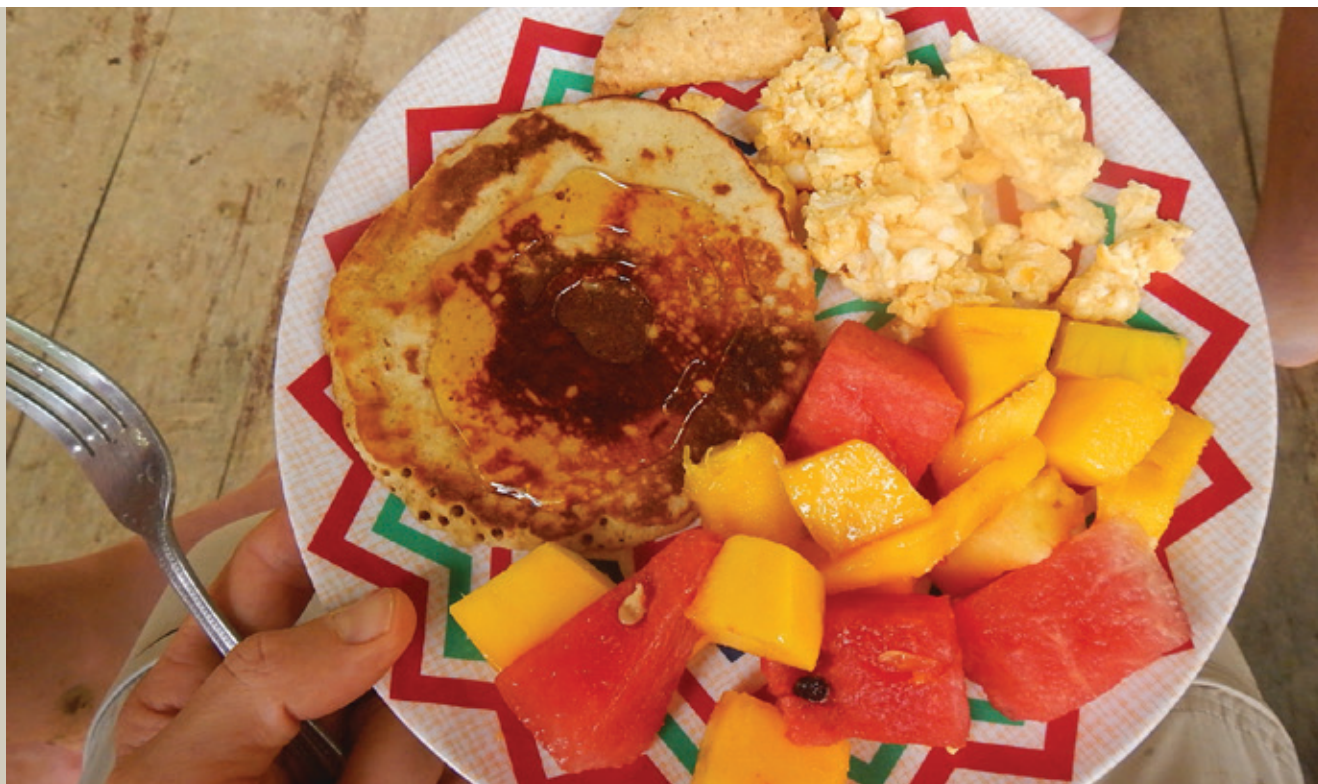
DAY 14

Recount and relive the incredible adventures you've had with your team as you depart from San Jose back to the United States.

"I really enjoyed my Moondance trip this summer. My absolute favorite thing in life is to be in the ocean and this trip allowed me to live that passion out. The diving and surfing sections were so fun. The food on this trip was so good. I liked it more than what I eat at home.."

» ELIZABETH HELMSING, MOBILE, AL

**Itinerary and order of activities subject to variation.*







TRIP DETAILS

LENGTH	14 Days
GRADE FOR CURRENT SCHOOL YEAR	8th-9th
CHALLENGE LEVEL	Moderate
BEGINS/ENDS	Belize City, Belize (BZE)/ San Jose, Costa Rica (SJO) <i>Suggested flight details provided upon acceptance</i>
GROUP SIZE	13 Students
AVERAGE AIRFARE FROM EAST COAST	\$850

WHAT'S INCLUDED

- Three dynamic trip leaders
- Professionally outfitted activities
- PADI Open Water Diver certification
- Community Service
- Whitewater Rafting
- Accommodations
- Hotels/ Hostels
- Private ground transportation
- Internal airfare
- All meals
- Photos taken during your trip

WHAT'S NOT INCLUDED

- Airfare to and from gateway city
- Baggage fees
- Unaccompanied minor fees
- Personal clothing + equipment (*Full clothing + equipment list provided upon acceptance*)
- Personal spending money (\$150 recommended)
- Trip Insurance (highly recommended)

CONTACT

ADMISSIONS

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EXPERIENCE MOONDANCE IN 2023

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