

ICELAND

*ICELAND OFFERS YOU THE
WARMEST OF GEOTHERMAL
WELCOMES*





TRIP OVERVIEW

The island nation of Iceland is one of the most unique geothermal landmasses on the planet. Braided waterfalls, lush green tundra, Icelandic ponies, hot springs; these are just a few of the images conjured up when thinking about the land of fire and ice. There are so many natural wonders in this wild and remote place, it takes a full immersion In this Nordic adventure to get a good taste. This trip to Iceland takes you deep into a wilderness of dramatic landscape, dotted with volcanoes, geysers, glaciers and black sand beaches. You'll trek through incredible backcountry, search for hidden hot springs, and paddle the deep fjords. This trip is for those looking to deepen their wilderness skills and appreciation for the natural world in one of the most unique places on the globe. Get on the Nordic dial and be awestruck by Iceland.



EXPERIENCE HIGHLIGHTS

Spend six days backpacking in the stunning Icelandic Highlands

Soak in remote natural hot springs throughout the country

Take a sea kayaking expedition to the remote islands on Iceland's West Coast

Polish your paddling skills on one of Iceland's many glacier-fed whitewater rivers

DAY 1

Meet up with your group and leaders in New York, and fly to Keflavik, Iceland

DAY 2-3

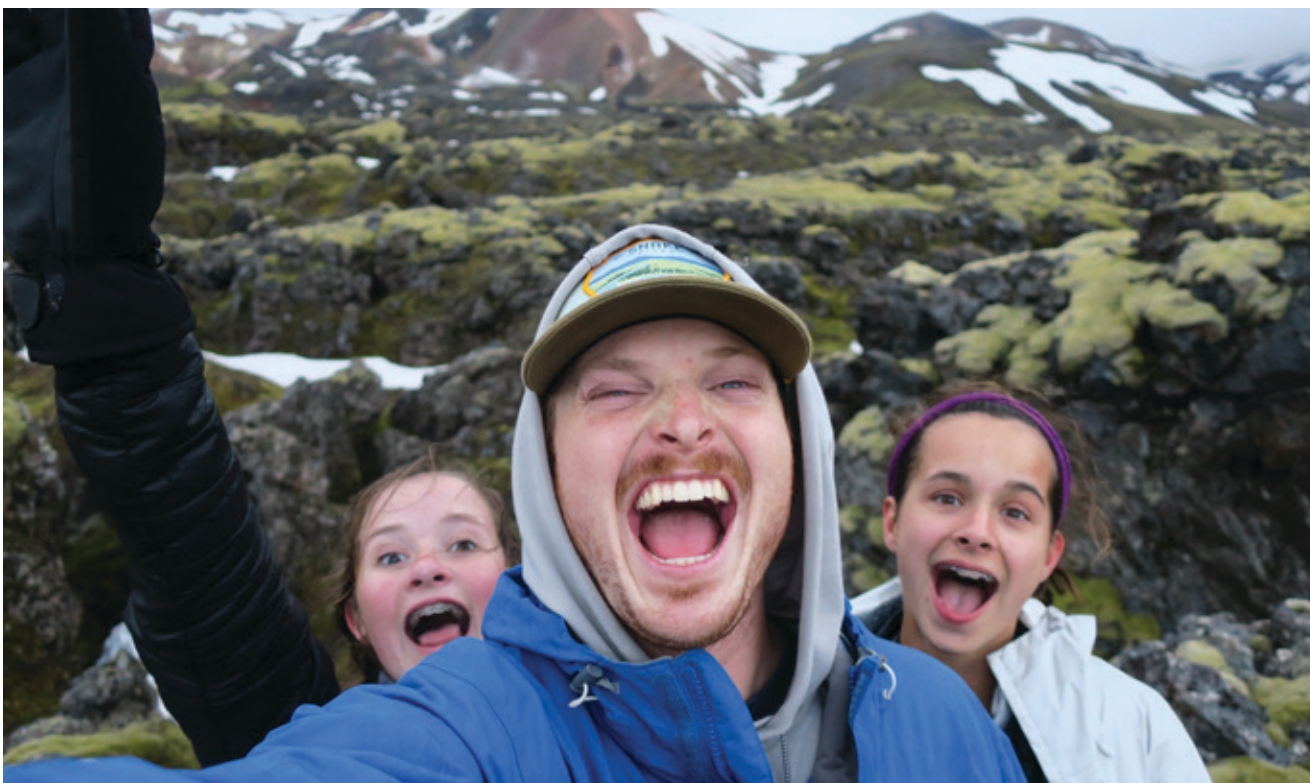
Upon arriving in Iceland, you'll travel up the coast to the capital, Reykjavik. Immediately you'll be surrounded by incredible landscape including lava fields covered in bright green moss, cliffside coastal views, and colorful geothermal valleys. En route to Reykjavik make your arrival official with a rejuvenating dip in the Blue Lagoon Hot Springs. Upon arriving in the quaint and quiet Reykjavik, orient yourself to Icelandic life and get to know your group. You'll spend your first night together in the capital city of Iceland. The next day, you'll continue to explore the hot springs that Iceland is famous for!

DAY 4-5

Today, travel to the rugged fjords of Iceland's wild coast, and prepare for an overnight sea kayaking adventure. A fjord is a large inlet of sea surrounded by cliffs, and in Iceland's case, they are glacier carved valleys that have been submerged. This makes for a unique landmass featuring steep emerald cliffs rising from deep blue waters, braided waterfalls, and glaciers falling right into the ocean. From the belly of your sea kayak you'll have access to incredible landscape views only accessible by boat.

**Itinerary and order of activities subject to variation.*





DAY 6

Travel to the northern highlands of Iceland, Kerlingafjoll! Here you will brave the turquoise waters of the glacier-fed rivers as you whitewater raft through this unique landscape.

DAY 7-8

Continue to explore this hidden gem of one of Iceland's most dramatic mountain ranges by foot. Heading out from your base camp in Kerlingafjoll, you will get to traverse ridges and valleys on several day hikes. Along the way, you will be able to explore some of the most spectacular geothermal hot springs and geysers that Iceland has to offer.

DAY 9-12

Travel to your trailhead at the famed Icelandic highlands. Taking the Strutur trail system, you'll be backpacking one of the most scenic and beautiful walkways on the planet. Spend the next six days trekking, immersing yourself in dramatic wilderness. Learn to live comfortably in the wild, carrying everything you need on your back, camping in tents along the way, and walking through countless breathtaking views. This hike will take you through a vast array of Iceland's natural wonders and will be a true wilderness immersion.

DAY 13-14

Today, you'll begin traveling back towards the civilized side of Iceland. Hit Reykjavik for a final banquet, recounting all you've accomplished in the land of fire and ice. On the last morning, you will travel to Keflavik, where you and your team will fly back to the United States. Catch a final glimpse of the stunning coastlines of Iceland as you depart.





“My favorite moment of the trip was having Moonup next to the “grand canyon” of Iceland. It was really extraordinary experience I’ll never forget.”

» ASHLEY MCWHORTER, KILDEER, IL





TRIP DETAILS

LENGTH	14 Days
GRADE FOR CURRENT SCHOOL YEAR	8th-9th
CHALLENGE LEVEL	Challenging
BEGINS/ENDS	Keflavik, Iceland (KEF) <i>Suggested flight details provided upon acceptance</i>
GROUP SIZE	13 Students
AVERAGE AIRFARE FROM EAST COAST	\$1,000

WHAT'S INCLUDED

- Two Dynamic Trip Leaders
- Professionally outfitted activities
 - Trekking
 - Rafting
 - Sea Kayaking
- Lodging
 - Tents
 - Mountain Huts
 - Hostels
- Private Ground Transportation
- All Meals
- Photos taken during your trip

WHAT'S NOT INCLUDED

- Airfare to and from Keflavik, Iceland
- Baggage fees
- Unaccompanied Minor Fees
- Personal clothing + equipment
 - Full clothing + equipment list provided upon acceptance
- Personal spending money (\$150 recommended)
- Trip Insurance (Highly Recommended)

CONTACT

ADMISSIONS

admissions@moondanceadventures.com

EXPERIENCE MOONDANCE IN 2023

